

Burleigh-Morton Behavioral Health Coalition Meeting

Zoom Meeting
February 8th, 2022

Burleigh-Morton
Behavioral Health Coalition



Attendees:

Tricia Brown (Mosaic Community Triage Center), Susan Kahler (BBPH), Kat Zimmerman (BBPH), Caity Horne (Bismarck PD), Gary Schaffer (Burleigh County sheriff's Department), Erin Oban (State Senate/Central Regional Education Association, CREA), Nancy Guy, (Bismarck City Commissioner), Kurt Snyder, (Heartview Foundation), Randy Ziegler (Bismarck PD), Jeanine Hebert (Custer Health, Mandan), Lynden Ring (West Central), Kyle Kirchmeier (Burleigh Morton Sheriff's Dept), Brad Brown (WCHSC), Dawn Marquardt (ND Dept), Jason Tomanek (City of Bismarck), Dwight Barden (Relative), Joy Froelich (Good Road Recovery), Chris Meeker (Sanford), Cheryl Ann Kary (Sacred Pipe), Gayla Sherman (UTTC), Christine Kujawa (Bismarck Library), Kodi Pinks (ND Dept. of Health), Michelle Erickson (Abused Adult Resource Center), Bea Kaiser (Bismarck Library), Wendy Haffner-Bakken (School Sector), Jason Ziegler (Mandan PD), Doreen Eichele (Dacotah Foundation), Melanie Hanson (Centre Inc, Mandan), Tyler Kientopf (Sanford Health), Jen Harrington (Sanford Health)

Welcome & Introductions

Sue Kahler welcomed attendees, and asked members to write their name and organization in the chat box.

Subcommittee Updates

Prevention & Education Subcommittee

DFC Grant – Kat Zimmerman, SAP Specialist

Drug-Free Communities (DFC) Committee is working on reducing alcohol and marijuana use by 3% with area middle/high school. Currently, Bismarck/Mandan alcohol use rate is 32% and marijuana use is 15%. Changing the attitude surrounding youth using alcohol and recreational marijuana has been a challenge as it has become a community norm. We are working within the community to address this issue through multiple diverse projects like Hidden In Plain Sight, Project Sticker Shock, Media Campaigns, and attending events.

Since October 2021, the BMBH Coalition has done three media campaigns in Bismarck and reached 345,044 people. The coalition has been doing listening sessions with youth and the youth have reenforced that peers are getting alcohol from those who are 21 years and older. Our environmental change is to bring awareness to the ND State Law of the \$3,000 fine if you provide alcohol to minor, by having Anchor Marketing continue to place the Underage Drinking Awareness Campaign ads on Facebook, Snapchat, and Instagram during seven other events coming up.

BMBH Coalition has a new updated website. The website includes mission and vision statements, projects the coalition has done, and 15+ resources. The link is <https://www.bismarcknd.gov/1788/Burleigh-Morton-Behavioral-Health-Coalitlogo>.

The BMBH Coalition Facebook page provides information to community members and parents/guardians about upcoming projects and resources. Make sure you “Like” the page at www.facebook.com/BMBHCoalition and share the posts. If there are items you would like posted on the page contact kzimmerman@bismarcknd.gov.

SOR Grant – Sue Kahler, SAP Coordinator

Sue provided an update on the State Opioid Response (SOR) grant. BBPH focus is reducing opioid overdose related deaths through the provision of prevention, decrease use/misuse of stimulants and opioids through the implementation of evidence-based primary prevention strategies. Efforts include Supplying Narcan for first responders, Community Narcan Training, Increase Take Back Locations, education on Safe Disposal of Medications, Take Back Events, and offering Deterra Medication Disposal Bags.

The FDA has approved the 36-month shelf –life after completing a comprehensive review of data which included all versions of Narcan. Since this study was conducted using all versions of Narcan, any product previously released with a 24-month shelf life can now be extended for an additional 12 months. If Narcan Spray is frozen and is not needed for emergency the Narcan Spray may be thawed by allowing it to sit at room temperature for 15 minutes. You can then use it. A chart was shared with how Narcan administered and lives saved by calendar year. There is an increase from 2019 to 2020 and 2021. The data comes from the first responders in Bismarck, Mandan and Lincoln.

SAPC Grant – Officer Horne, Bismarck Police Dept

Officer Horne gave an update on the four local bar establishments around town who have forensic scanners that can scan 40 to 50 different points on the driver's license. When the bar receives a Fake Id, they will turn it into the Bismarck Police Dept. who will then place information into a database. They will send the information to area colleges who will meet with their student and educate about them about Fake Ids using the Student Code of Conduct. They have been finding that the number of fake IDs being caught is becoming less and less. One of the goals of the partnership with City of Bismarck Police, BBPH, local bar establishments and colleges is to keep underage youth out of jail.

Student Subcommittee Update – Kat Zimmerman, SAP Specialist

Kat provided information on Student Committee work with the Sticker Shock project at Bismarck Community Food Co-op on Nov 18th. They place 500 stickers and tags on food items around the store. The event was shared on Facebook and reached 5,300 people. Thank you to all who shared the post.

For Super Bowl weekend, Burleigh Morton Behavioral Health Coalition Student Committee and multiple Bismarck pizza establishments partnered together for the Sticker Shock Project, to educate adults on consequences for providing alcohol to minors. The Sticker Shock Project is a public awareness campaign that takes a stand against underage drinking by having Pizza Establishments place stickers with their pizza. The stickers have messages aimed at adults regarding underage drinking laws and consequences for providing alcohol to minors. Providing alcohol to a minor may result in fines up to \$3,000 and 365 days in jail.

Intoxication/Withdrawal Management Subcommittee

Deputy Chief Randy Ziegler, Bismarck Police Department

Deputy Chief Randy Ziegler spoke about the opioid problem we are having in our community. The task force found a pill press, which means that members in the community are making pills and distributing them out. The police department got a pill counting machine to keep up with how many they are finding. The pills they have been finding, most are fentanyl.

Randy also spoke about the overdoses and deaths within the community. In 2017, there was 22 overdoses and in 2021, there was 134 overdoses. In 2017, there was 1 death from an overdose and in 2021, there was 18 deaths.

Lynden Ring– West Central Human Service Center

Lynden Ring provided an update on West Central Crisis unit. They have 1-4 people social detox every day. They have 8 beds because of COVID restrictions, sit-stand-stay with 24/7 services. Individuals are connected to services

depending on their needs. They are working with law enforcement from both sides of the river to avoid the ER. They appreciate the partnership with the hospitals and law enforcement.

Brad Brown, West Central Human Service Center

Brad Brown gave an update on the 221-call center. They can take calls 24-7, most calls they receive are in the evenings and weekends. In 2021, the call center had 4,335 calls and 1,297 of those calls were human services contracts; those who wanted to engage in services. They also had 1,297 calls that were for referrals, crisis intervention, and listening/support.

Dr. Tricia Brown, DNP, APRN, FNP-BC; Legacy Medical - Mosaic Community Triage

Tricia Brown gave an update on the Mosaic Community Triage Center. They put together a board and applied for the 501 c3. They were approved and now can act as a nonprofit. They are looking into leveling, accreditation, how many beds and how can they provide a higher level of acuity without taking away anything that other organizations are doing. The goal of the triage is to be an extra step and help in the community.

Treatment & Recovery Subcommittee

Kat Zimmerman, SAP Specialist

Jenn Pelster, from the Good Neighbor Project in Mandan provided Kat with an update on the project. The Syringe Service Program's (SSP's) are community-based programs that provide access to sterile needles and syringes free of cost, facilitate safe disposal of used needles and syringes, and provide comprehensive disease prevention and linkage to care and treatment for persons who inject drugs. Syringe service programs are an effective component of a comprehensive, integrated approach to HIV and hepatitis C prevention among persons who inject drugs. Since the program started in Jan 2018, they had 338 participants and 3,955 visits. They distributed 99,655 syringes and had 75,301 returned. They are seeing a return rate of 76%. They have seen 42% of clients report a decrease in usage, 35% decrease in reported reusing of their own injection supplies and 69% decrease in reported sharing of injection supplies. Their goals are to continue community awareness and support; and to continue to improve collaboration with key stakeholders.

Kurt Snyder, Heartview -

Kurt gave an update on the new Opioid Grant Partnership with Bismarck Police Department, Heartview Foundation and Sanford Health. There is three federal approved evidence based best practice medicine for preventing opioid withdrawals. This grant helps bring on doctors to prescribe the medication to patients in the ER, so patients do not leave with acute withdrawals. They will have people on call and available in the ER to help patients and connect them to peer support, and recovery coaches. This helps them have that direct connect to treatment services in the ER.

They have started by having an addiction counselor in the Sanford ER. Since Nov 1st to Jan 26th, this counselor saw 28 patients, 11 of them were referred to treatment and 7 of them followed through treatment.

Meeting adjourned at 11:10 AM.

Respectfully submitted,

Kat Zimmerman, SAP Specialist