

# Burleigh-Morton Behavioral Health Coalition Meeting

May 10th, 2022

Bismarck Public Works  
Large Conference Room

Burleigh-Morton  
Behavioral Health Coalition



Renaë Moch (BBPH), Steve Bakken (Mayor), Tricia Brown (Mosaic Community Triage Center), Susan Kahler (BBPH), Kat Zimmerman (BBPH), Caity Horne (Bismarck PD), Bea Kaiser (Bismarck Library), Brad Brown (WCHSC), Cathy Palczewski (Heartview), Dick Dever (Senator), Doreen Eichele (Dacotah Foundation), Dwight Barden (Burleigh County Housing Authority), Kathleen Atkinson (Ministry On The Margins), Kelly Leben (Bismarck Police Dept), Kurt Snyder (Heartview Foundation), Lisa Wilson (CHI St. Alexius), Luke Gardnier (Bismarck Police Dept), Lynden Ring (West Central), Megan Reems (Bismarck High School), Mike Yantes (Mandan Public School), Theresa Liebsch (Vision Zero), Theresa Schmidt (BBPH), Jennifer Grevel (Heartview), Caitlin Horne (Bismarck Police Dept)

## Welcome & Introductions

Renaë Moch welcomed attendees, and asked members to introduce themselves.

## Subcommittee Updates

### **Prevention & Education Subcommittee**

#### **DFC Grant – Kat Zimmerman, SAP Specialist**

Drug-Free Communities (DFC) Committee is working on reducing alcohol and marijuana use by 3% with area middle/high school. Currently, Bismarck/Mandan alcohol use rate is 32% and marijuana use is 15%. Changing the attitude surrounding youth using alcohol and recreational marijuana has been a challenge as it has become a community norm. We are working within the community to address this issue through multiple diverse projects like Hidden In Plain Sight, Project Sticker Shock, Media Campaigns, and attending events.

The BMBH Coalition teamed up with Vision Zero on May 8<sup>th</sup> for People’s Matter Event at Watcher Middle School. We had trivia for the kids, prizes, Parents Lead Packets, and a Hidden In Plain Sight Document. Hidden in Plain Sight is an initiative to help parents spot signs of risky behavior. The focus is on being able to recognize signs of substance use and being aware of the locations. It contains items signaling that a young person might be involved in risky activities.

The BMBH Coalition Facebook page provides information to community members and parents/guardians about upcoming projects and resources. Make sure you “Like” the page at [www.facebook.com/BMBHCoalition](http://www.facebook.com/BMBHCoalition) and share the posts. If there are items, you would like posted on the page contact [kzimmerman@bismarcknd.gov](mailto:kzimmerman@bismarcknd.gov).

#### **Student Subcommittee Update – Megan Reems, Student**

Megan provided information on Student Committee work with the Sticker Shock project throughout the year. The Sticker Shock Project is a public awareness campaign that takes a stand against underage drinking, each sticker has a message regarding underage drinking.

The student committee partnered up with 6 local coffee establishments around Bismarck to do the Coffee Sleeves project. We provided each place with coffee sleeves and each coffee sleeve has a message aimed at adults regarding the importance of talking with kids about the dangers of drugs and alcohol. “By talking to kids regularly about the dangers of drugs and alcohol you reduce their chances of using them by 42%”.

The student committee also developed a graduation flyer for their peers. The flyer talks about resistant skills and things to say if they are asked to engage in alcohol/drug use. The flyers will be in graduation bags at BHS, LHS and Light of Christ High School.

### **SOR Grant – Sue Kahler, SAP Coordinator**

Sue provided an update on the State Opioid Response (SOR) grant. Focus is reducing opioid overdose related deaths through the provision of prevention, decrease use/misuse of stimulants and opioids through the implementation of evidence-based primary prevention strategies. Efforts include Supplying Narcan for first responders, Community Narcan Training, Increase Take Back Locations, education on Safe Disposal of Medications, Take Back Events, and offering Detera Medication Disposal Bags.

In March, we partnered with 8 Pharmacy's on providing Opioid Education Kits to the community. Each kit includes Narcan, and Detera bags. Narcan are used to prevent an opioid overdose and Detera bags are for unused medications. A chart was shared with how many Narcan were administered and lives saved by calendar year. There is an increase each year from 2018 to 2021 and in 2022 so far, there have been 40 doses of Narcan given out, 26 saved and 2 fatalities. The data comes from the first responders in Bismarck, Mandan, and Lincoln.

### **SAPC Grant – Officer Horne, Bismarck Police Dept**

Officer Horne gave an update on the six local bar establishments around town who have forensic scanners that can scan 40 to 50 different points on the driver's license. When the bar receives a Fake Id, they will turn it into the Bismarck Police Dept. who will then place the information into a database. The Police Dept will send the information to area colleges, who will use their Student Code of Conduct to determine consequences. 107 Fake IDs have been turned in since the project started in August 2021. To educate those who might use one, they developed door hangers for all three of the colleges. The door hangers talk about the project, and consequences with using a Fake ID. One of the goals of the partnership with City of Bismarck Police, BBPH, local bar establishments and colleges is to keep underage youth out of jail.

### **Intoxication/Withdrawal Management Subcommittee**

#### **Lynden Ring– West Central Human Service Center**

Lynden Ring provided an update on West Central Crisis unit. They provide care/support while avoiding unnecessary law enforcement involvement, emergency room use and hospitalization. They have 1-6 people social detox every day, depending on the day. They have 9 beds because of COVID precautions, sit/stand is 1-24 hours in length depending on assessment, lay/stay average length of stay is 1-5 days or more based on clinical necessity. From Jan-March, they had 120 admits, and 93 of those had a Substance Use Disorder. Individuals are connected to services depending on their needs.

#### **Brad Brown, West Central Human Service Center**

Brad Brown gave an update on the 221-call center. They can take calls 24-7, calls are answered by clinically trained specialists. They assess for suicide and other risks, connects individuals to facility-based care through warm hand-off and coordinates with regional mobile crisis response team when crisis cannot be solved over the phone. Average number of individuals using crisis services increased by 57% and average 211 call volume increased by 102% from 2020 to 2021. From Jan to April, they had 1,500 calls.

#### **Dr. Tricia Brown, DNP, APRN, FNP-BC; Legacy Medical - Mosaic Community Triage**

Tricia Brown gave an update on the Mosaic Community Triage Center. They were approved for the 501 c3 and now can act as a nonprofit. They are looking into leveling, accreditation, how many beds and how can they provide a higher level of acuity without taking away anything that other organizations are doing. The goal of the triage is to be an extra step and help in the community.

## **Treatment & Recovery Subcommittee**

### **Cathy Palczewski, Heartview - Opioid Grant**

Cathy gave an update on the new Opioid Grant Partnership with Bismarck Police Department, Heartview Foundation, Sanford Health, St. Alexius and Ministry On The Margins. There is three federal approved evidence based best practice medicine for preventing opioid withdrawals. This grant helps bring on doctors to prescribe the medication to patients in the ER, so patients do not leave with acute withdrawals. They will have people on call and available in the ER to help patients and connect them to peer support, and recovery coaches. This helps them have that direct connect to treatment services in the ER.

### **Sister Kathleen - Ministry On The Margins Coffee House**

Sister Kathleen gave an update on the Ministry on The Margins Coffee House. The coffee house is open from 10pm-6am. They have two full time staff members. Everyone can come and go as they like but must follow the behavior expectation. They opened in February and since April 30<sup>th</sup>, they had 231 individuals stay the night.

Meeting adjourned at 11:45 AM.

Respectfully submitted,

Kat Zimmerman, SAP Specialist