



CITY OF BISMARCK DAILY BULLETIN

March 24, 2020

Bismarck-Burleigh Public Health (BBPH) Update

COVID-19 response efforts

It is important now more than ever to continue to practice social distancing to slow the spread. To learn more about social distancing and how to protect yourself and family go to:

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

As of March 24, 2020, Burleigh County has the most cases in the state of North Dakota.

North Dakota Coronavirus Reporting

Data Source: ND Department of Health, Division of Disease Control



Positive Cases: Number of individuals with a positive test result for COVID-19.
Currently Monitoring: An asymptomatic individual CURRENTLY being monitored for symptoms of COVID-19.
Deaths: Number of individuals who died from their COVID-19 infection.
Hospitalized: Number of positive cases that were hospitalized.
Total Monitoring to Date: Includes those currently being monitored and those who have completed their monitoring.
Total Tested: Number of people tested for COVID-19 infection at the North Dakota Department of Health Public Health Lab.

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For current information go to:

<https://www.health.nd.gov/diseases-conditions/coronavirus/north-dakota-coronavirus-cases>

- Due to the increase in positive cases in our area, the state has reached out to us to assist with contact tracing for these individuals. BBPH staff will continue to conduct contact tracing.
- Individuals identified as close contacts of someone testing positive with COVID-19 will receive a phone call from the North Dakota Department of Health or the local public health department.

You will then be provided with the appropriate steps to take next. Additionally, if a school or daycare is involved, letters will be sent to all parents. For more information visit <https://www.health.nd.gov/diseases-conditions/coronavirus>.

- Steps to take to avoid the spread of COVID-19
 - Stay home if you're sick.
 - Practice good hygiene: wash your hands, avoid touching your face and cover coughs and sneezes.
 - If someone in the household has tested positive for coronavirus, keep the entire household at home.
 - Older individuals and those with underlying health conditions should stay away from other people.
 - Work from home when possible.
 - Avoid discretionary travel, shopping trips and social visits. Use take-out and delivery services.
 - How to Protect Yourself- <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

- What to do if you have symptoms:
 - Individuals who think they may have COVID-19 but have minor symptoms should self-isolate at home.
 - Individuals seeking medical attention should call before they go in.
 - Symptoms of COVID-19 in people who have been exposed can include fever, cough and shortness of breath.
 - The symptoms may appear in as few as two days or as long as 14 days after exposure.
 - For questions related to COVID-19, the public can call the ND Department of Health hotline at 1-866-207-2880 from 7 a.m. to 10 p.m., 7 days a week. Individuals who need medical advice should contact their health care provider.

- If you are being tested find what you should know in the guide at the NDDOH link: https://www.health.nd.gov/sites/www/files/documents/Files/MSS/coronavirus/Fact_Sheet_for_People_Being_Test.pdf

City of Bismarck Services

- The Bismarck City Commission will meet tonight as scheduled, at 5:15 p.m. in the Tom Baker Meeting Room of the City/County Office Building, 221 N. 5th St., Bismarck.
 - The public is encouraged to seek alternative ways to participate in the meeting. The meeting room will be open to the public and we certainly understand the public wishing to limit their exposure at this time, and still participate in government. The City will follow established CDC social distancing guidelines. Please go to the front door of the City County Building at 221 N 5th Street. You will be met by a city staff person at the door and screened prior to entry.
 - As always, live meeting coverage is available on Government Access Channels 2 & 602HD, listen to Radio Access 102.5 FM Radio, or stream <https://dakotamediaaccess.org/ch-2-home/> and <https://radioaccess.org/>.



- The City of Bismarck is preparing to activate the Emergency Operations Center (EOC) in cooperation with Bismarck-Burleigh Public Health in response to the COVID-19 pandemic.
 - The EOC activation is intended to provide support and additional resources to local health department staff who have been responding to this emergency situation.
 - The EOC involves many different departments working closely together to best manage the emergency response, and more information will become available as the EOC is mobilized. Visit www.bismarcknd.gov to stay up to date.
- The Bismarck Airport has activated a page on their website for the latest updates related to travel. Please access <http://bismarckairport.com/174/COVID-19-Information> for updated information and stay safe!
- **Emergency Alert Feature is Now Activated on the City of Bismarck Website.** This Emergency Alert Feature provides you with the latest news and information on COVID-19 and the actions the City of Bismarck is taking in response to it. To receive real-time updates via text and email from the alert system on your handheld devices sign up for “Notify Me” at <https://bismarcknd.gov/CivicAlerts.aspx?AID=6578>.
- **Stay Connected with the City of Bismarck Mobile App** Download Bismarck’s mobile app to stay connected to official city resources, news, and information from your smart phone, tablet or other hand-held devices. Visit <https://bismarcknd.gov/CivicAlerts.aspx?AID=6574> to see how to sign up.
- Human Services' public behavioral health clinics continue to serve vulnerable North Dakotans.
 - The clinics primarily serve individuals with chronic, serious mental illness and substance use disorders, including pregnant women and others who use intravenous drugs. For more information, including a list of crisis phone numbers and behavioral health walk-in hours at each clinic, visit <http://www.nd.gov/dhs/locations/regionalhsc/>.
 - The clinic located in Bismarck offers behavioral health services focused on chronic disease management and behavioral health crises. Find more information on the West Central Human Service Center: Region VII clinic at <http://www.nd.gov/dhs/locations/regionalhsc/westcentral/index.html>
- The Bismarck Municipal Court is restricting public access due to COVID-19. If you have business to conduct with them call 701-355-1350.
- The Burleigh County Courthouse is restricting public access due to COVID-19. If you have business to conduct with any department located in the Courthouse, contact them for instructions regarding alternate communications (phone, email, website, mail, drop box). Phone number 701-355-1350 and website <https://www.bismarcknd.gov/93/Municipal-Court>.
- Effective March 23, 2020, Bis-Man Transit restricted public access to its facility and implemented changes to Capital Area Transit (fixed-route) and Paratransit service until further notice. Call 701-258-6817 or visit <https://bisantransit.com/> for more information.

- Be aware, if you are receiving phone calls or e-mails asking for donations or personal information it could be scam. Members of the public can report suspected fraud scam related to COVID-19 by calling the National Center for Disaster Fraud hotline at 866-720-5721 or emailing disaster@leo.gov.

Information and Resources

- [Daily Bulletin](#)
- [City of Bismarck website](#)
- COVID-19 information [NDDoH website](#)
- COVID-19 Hotline 7 am-10 pm: 1-866-207-2880
- [NDResponse.gov](#)
- [Centers for Disease Control Español](#)
- Department of Commerce [resources for businesses](#)
- Follow us on www.facebook.com/bismarcknd.gov and www.twitter.com/BismarckNDGov
- and www.facebook.com/BBPH.gov and www.twitter.com/BBPublicHealth
- [Stay Connected with the City of Bismarck Mobile App](#)
- [Where to Go for Help Resources](#)