



## CITY OF BISMARCK DAILY BULLETIN

March 31, 2020

### Bismarck-Burleigh Public Health (BBPH) Update

Facebook Live Launched from Department Operations Center/Emergency Operations Center March 30th with Renae Moch, Bismarck-Burleigh Public Health Director, and Jason Tomanek, City of Bismarck Assistant Administrator, providing COVID-19 information through BBPH's Facebook page. These informative updates will take place each Monday, Wednesday and Friday at 11 a.m. throughout the COVID-19 pandemic. Watch live or anytime at: <https://www.facebook.com/BBPH.gov/>

There are now 126 positive COVID-19 cases in the state of North Dakota, with 17 of those added today. Of those 17 new cases, **1 was in Burleigh County for a total of 30 positive cases in Burleigh County**. Twenty-one individuals are hospitalized throughout the state.

As of March 31, 2020, Burleigh County has the second-highest number of cases in the state of North Dakota.

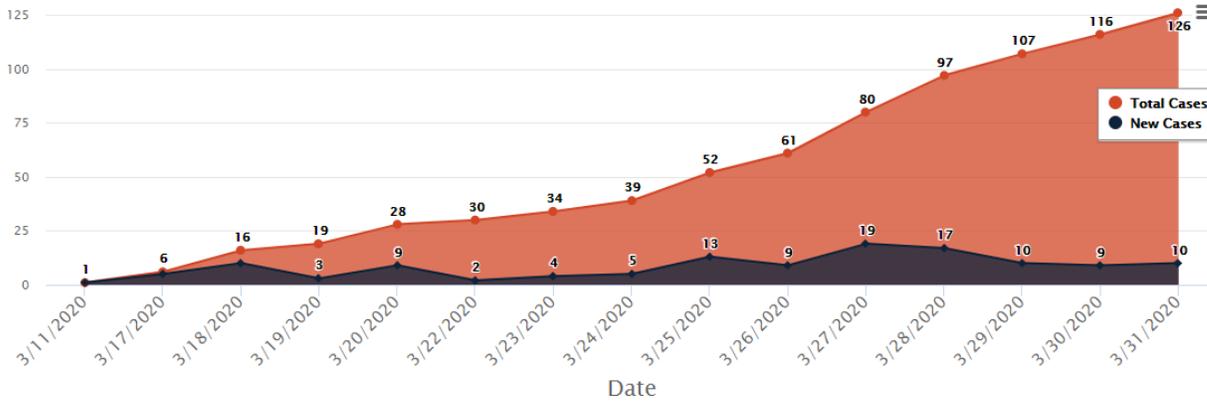
Updated around 10:00 AM and 4:00 PM daily

Last updated: 3/31/2020 at 3:55 PM

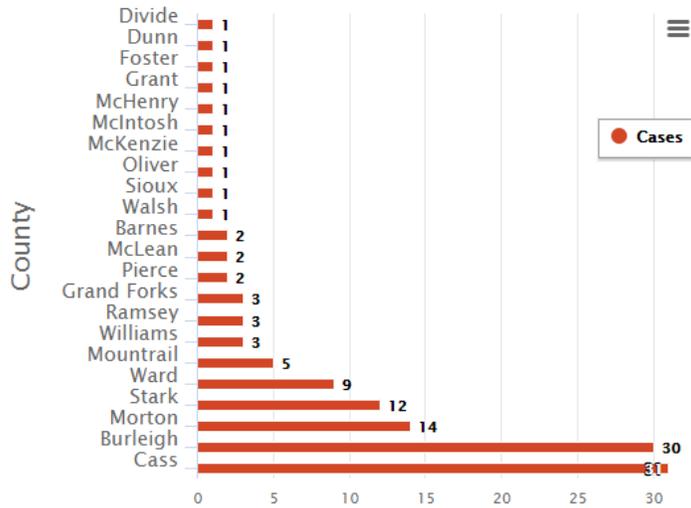


**Positive Cases:** Number of individuals who test positive for COVID-19 from state and private labs.  
**Negative Cases:** Number of individuals who test negative for COVID-19 from state and private labs.  
**Total Tested:** Number of people tested for COVID-19 infection at state and private labs.  
**Recovered:** Number of cases who tested positive and have since been released from isolation and are no longer contagious.  
**Hospitalized:** Total number of positive cases who are currently or were hospitalized.  
**Deaths:** Number of individuals who died from their COVID-19 infection.

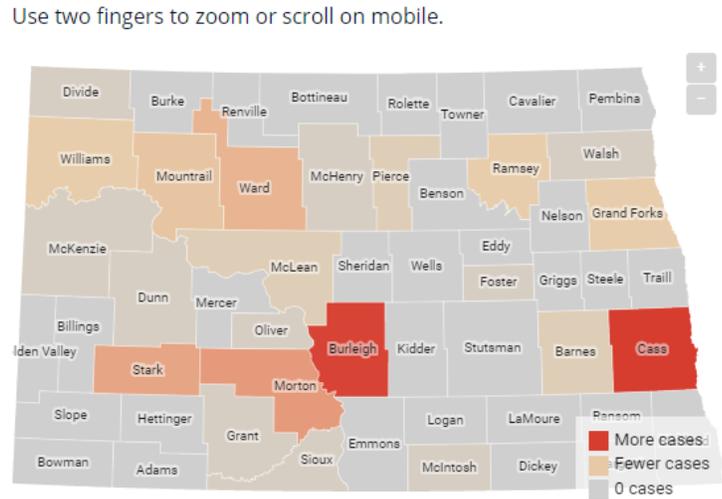
### Trending Curve



### Confirmed Positive Cases by County



### County Map



Source: ND Department Of Health - Created with Datawrapper

For current information go to:

<https://www.health.nd.gov/diseases-conditions/coronavirus/north-dakota-coronavirus-cases>

Renaë Moch, Director of Bismarck-Burleigh Public Health, noted a total of three COVID-19 deaths. There is still a need to emphasize the importance of social distancing as recommended by the Centers for Disease Control. Everyone has an individual responsibility for the health and safety of our community during this COVID-19 pandemic. To learn more about social distancing and how to protect yourself and family go to: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>



### SOCIAL DISTANCING IS A PRIORITY NOT A CHOICE

- STAY 6 FEET APART FROM OTHERS
- BE GOOD NEIGHBORS AND FRIENDS BY STAYING APART

**We want to see what you are doing!**  
**Share your photos with us:**

**@BBPH.gov • #socialdistancebbph**



**6 FEET APART**



**Public Health**  
 Prevent. Promote. Protect.

Bismarck-Burleigh Public Health

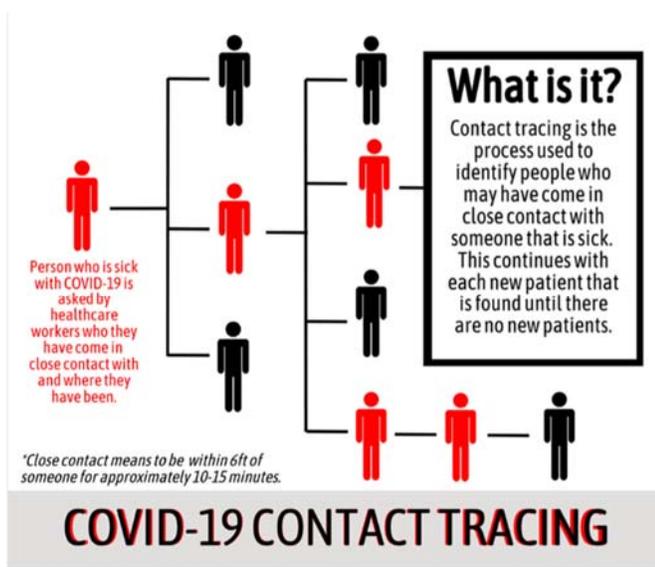
**NDoH COVID-19 HOTLINE: 7 AM - 10 PM**  
 (p) 1.866.207.2880

**BBPH: M-F • 8 AM - 5 PM**  
 (p) 701.355.1540  
 (e) bbph@bismarcknd.gov

Due to the increase in positive cases in our area, the state has reached out to Bismarck-Burleigh Public Health (BBPH) to assist with contact tracing for these individuals. BBPH staff will continue to conduct contact tracing.

Individuals identified as close contacts of someone testing positive with COVID-19 will receive a phone call from the North Dakota Department of Health or the local public health department. You will then be provided with the appropriate steps to take next. Additionally, if a school or daycare is involved, letters will be sent to all parents. For more information visit

<https://www.health.nd.gov/diseases-conditions/coronavirus>



Source: World Health Organization

## Case Investigation

- › We have been assisting the NDDOH with contact investigation & tracing for positive COVID-19 cases
- › Nurses walk the positive case through the last 14 days of their life
- › They ask where they've been and who they have been in close contact with and gather names and phone numbers
- › Close contact is considered contact within 6 ft for 10-15 minutes



**SOCIAL DISTANCING**  
How to be #InThisTogetherND... 6 feet apart

**AVOID:**  
Social gatherings of 10 or more, sleepovers, crowded retail stores, malls, workouts at gyms, mass transit, visitors to your house, travel by cruise, being within 6 feet of others

**USE CAUTION:**  
Getting takeout, grocery shopping, picking up medication, traveling, interacting with people 6+ feet away from you, using drive-thrus

**SAFE TO DO:**  
Take a walk, yard work, clean your home, read a book, listen to music, family game night, go for a drive, group video chats, watching TV or a movie, take an online course

NORTH  
**Dakota** | Joint Information Center  
Be Legendary.™ HEALTH

How can you flatten the curve? Stay home! If you have to go out, don't forget these tips for social distancing to do your part to reduce the spread of COVID-19 in North Dakota!

- **Steps to take to avoid the spread of COVID-19**
  - Stay home if you're sick.
  - Practice good hygiene: wash your hands, avoid touching your face and cover coughs and sneezes.
  - If someone in the household has tested positive for coronavirus, keep the entire household at home.
  - Older individuals and those with underlying health conditions should stay away from other people.
  - Work from home when possible.
  - Avoid discretionary travel, shopping trips and social visits. Use take-out and delivery services.
  - How to Protect Yourself- <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>
- **What to do if you have symptoms:**
  - Individuals who think they may have COVID-19 but have minor symptoms should **self-isolate at home**.
  - Individuals seeking medical attention should call before they go in.
  - Symptoms of COVID-19 in people who have been exposed can include fever, cough and shortness of breath.
  - The symptoms may appear in as few as two days or as long as 14 days after exposure.
  - For questions related to COVID-19, the public can call the ND Department of Health hotline at 1-866-207-2880 from 7 a.m. to 10 p.m., 7 days a week. Individuals who need medical advice should contact their health care provider.
  - Steps to help prevent the spread of COVID-19 if you are sick:  
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>



- If you are being tested, find what you should know in the guide at the NDDOH link: [https://www.health.nd.gov/sites/www/files/documents/Files/MSS/coronavirus/Fact\\_Sheet\\_for\\_People\\_Being\\_Test.pdf](https://www.health.nd.gov/sites/www/files/documents/Files/MSS/coronavirus/Fact_Sheet_for_People_Being_Test.pdf)

## City of Bismarck Services

- City of Bismarck Mayor Steve Bakken provided an update Monday morning regarding the City's response to the COVID-19 pandemic. Be sure to watch Mayor Bakken's City Update every Monday at 10 a.m. by using this link: <https://www.facebook.com/BismarckNDGov/>. Don't miss it!
- Assistant City Administrator Jason Tomanek, along with Bismarck-Burleigh Public Health Director Renae Moch, provided information on the combined response by the City of Bismarck and Bismarck-Burleigh Public Health to the COVID-19 pandemic. Watch Wednesday's update or future Bismarck-Burleigh Public Health updates on Mondays, Wednesdays, and Fridays at 11 a.m. at <https://www.facebook.com/BBPH.gov/>
- The Downtowners Association and the City of Bismarck have created a partnership to establish temporary curbside pickup zones in Downtown Bismarck. Many cities are creating curbside pick-up zones to assist customers and businesses connecting in a safe way. McQuade Distributing has generously printed the signage for these zones to help customers and businesses connect a curbside purchase. Please help to support our local businesses as you continue to follow the health guidelines for safety during COVID-19. There are currently 8 zones in Downtown Bismarck. View the map at <http://www.downtownbismarck.com/>
- Bismarck Public Works asks residents to bag their garbage. The city is committed to providing garbage collection service through these unforeseen circumstances and ever-changing pandemic. We are also committed to protecting our employee's health to ensure garbage collection continues to be a service, and we are requesting some assistance from the public.
  - Please make sure all garbage is bagged, inside and outside the container. If it is outside the garbage container and not bagged, it will not be picked up. Tree branches will be picked up, but they need to be bundled in 4-foot sections, and able to be picked up by one person.
  - Bismarck Public Works appreciates the cooperation to keep our staff safe, and to ensure that garbage collection remains as a service to the community. We also remind citizens that the landfill will be open Monday-Saturday 8:00 a.m. to 4:00 p.m. for any refuse items that cannot be bagged. For more information visit [www.bismarcknd.gov](http://www.bismarcknd.gov).
- Building Inspections Services Division has developed procedures in response to COVID-19. In an effort to reduce exposure and to protect the general public and our city employees, inspections will be suspended for all projects where access to an occupied dwelling unit is required. We are working hard to continue to provide inspections services during this unprecedented time and appreciate everyone's flexibility while we prioritize lower risk locations such as new residential and commercial projects, including healthcare facilities and critical infrastructure. Further details about the procedures can be found at: <https://www.bismarcknd.gov/111/Building-Inspections>.

- A list of City departments providing essential services, and contact information for each, is available at: <https://www.bismarcknd.gov/DocumentCenter/View/35260/COVID-19-Essential-Operations-Phone-Guide-PDF>
- **We encourage the public to follow Bismarck-Burleigh Public Health and the City of Bismarck on our social media sites** for essential information. For the most updated and timely information related to COVID-19, visit the City of Bismarck web site at [www.bismarcknd.gov](http://www.bismarcknd.gov) and follow us on <https://www.facebook.com/BBPH.gov/>, <https://twitter.com/BBPublicHealth>, [www.facebook.com/bismarcknd.gov](http://www.facebook.com/bismarcknd.gov) and [www.twitter.com/BismarckNDGov](http://www.twitter.com/BismarckNDGov).
- **Emergency Alert Feature is Now Activated on the City of Bismarck Website.** This Emergency Alert Feature provides you with the latest news and information on COVID-19 and the actions the City of Bismarck is taking in response to it. To receive real-time updates via text and email from the alert system on your handheld devices sign up for “Notify Me” at <https://www.bismarcknd.gov/list.aspx>.
- **Stay Connected with the City of Bismarck Mobile App** Download Bismarck’s mobile app to stay connected to official city resources, news, and information from your smart phone, tablet or other hand-held devices. Visit <https://bismarcknd.gov/CivicAlerts.aspx?AID=6574> to see how to sign up.
- **Remember that live meeting coverage of government meetings** is available for viewing on Government Access Channels 2 & 602HD or listen to the meeting at Radio Access 102.5 FM Radio, or stream <https://dakotamediaaccess.org/ch-2-home/> and <https://radioaccess.org/>.

## Other

- State Health Officer Mylynn Tufté signed a [confinement order](#) directing individuals to quarantine for 14 days if traveling back to North Dakota from all international locations and states in the U.S. classified as having widespread disease by the Centers for Disease Control and Prevention. You can find more information at <https://www.health.nd.gov/news/tufte-orders-quarantine-individuals-traveling-international-locations-or-select-states>.
- The Burleigh County Courthouse is restricting public access due to COVID-19. If you have business to conduct with any department located in the Courthouse, contact them at 701-355-1350 or website <https://www.bismarcknd.gov/93/Municipal-Court> for instructions regarding alternate communications (phone, email, website, mail, drop box).
- Effective March 23, 2020, Bis-Man Transit restricted public access to its facility and implemented changes to Capital Area Transit (fixed-route) and Paratransit service until further notice. Call 701-258-6817 or visit <https://bismantransit.com/> for more information.
- Be aware, if you are receiving phone calls or e-mails asking for donations or personal information it could be scam. Members of the public can report suspected fraud scam related to COVID-19 by calling the National Center for Disaster Fraud hotline at 866-720-5721 or emailing [disaster@leo.gov](mailto:disaster@leo.gov).



## Information and Resources

- [Daily Bulletin](#)
- [City of Bismarck website](#)
- COVID-19 information [NDDoH website](#)
- COVID-19 Hotline 7 am-10 pm: 1-866-207-2880
- [Centers for Disease Control](#)  
[Español](#)
- [NDResponse.gov](#)
- [ND Response: COVID-19 Personal, Family and Community Support](#)
- [Where to Go for Help Resources](#)
- [Missouri River system Game and Fish boat ramp access status](#)
- Department of Commerce [resources for businesses](#)
- [Federal Trade Commission Tips for Coronavirus Scams](#)
- Follow us on [www.facebook.com/BBPH.gov](https://www.facebook.com/BBPH.gov) and [www.twitter.com/BBPublicHealth](https://www.twitter.com/BBPublicHealth)
- [www.facebook.com/bismarcknd.gov](https://www.facebook.com/bismarcknd.gov) and [www.twitter.com/BismarckNDGov](https://www.twitter.com/BismarckNDGov)
- [Stay Connected with the City of Bismarck Mobile App](#)